



CSTC Swim Lessons 2015

Swim Lesson Coordinator:

David Schaab Home Phone: 330.533.7054 Cell: 330.423.5577 email: schaab_d@yahoo.com

81 Chapel Lane
Canfield, Ohio 44406

Children's Swim Lessons:

Swim lesson sessions "Learn to Swim" program will be 2 weeks in length with lessons being taught Monday thru Thursday each of the week. Fridays will be reserved for make-up days for classes cancelled due to inclement weather. As in years past, all children of members are invited to participate. Enjoying swim lessons on consecutive days provides the children with more concentrated learning time and should help families plan their summer out.

The "Learn to Swim" program is taught by our own CSTC lifeguards who are certified as Water Safety Instructors.

Remember, all children are welcomed to join the CSTC Swim Team if they are able to swim the length of the pool. However, our coaching staff encourages children to continue to take swim lessons as well. The swim lesson program is designed for children to learn the strokes and swim techniques. The Swim Team practice time is not for learning to swim, but for perfecting technique, building endurance, and increasing speed.

FEE:

\$15 per child/per session

Dates:

*SESSION 1 – June 15th – June 25th

*SESSION 2 – July 6th – July 16th

* Lessons will be taught Monday thru Thursday with Friday being a make-up day. Each session is a 2 week long period

Testing dates:

If you are not sure of what level your child should be in, there will be in pool testing on Saturday June 13th from 10am – 1pm. Please check in at the front window with the guards on duty and they will assist you.

LEVELS:

- **Level I (Water Exploration)** – Teaches children with no previous swimming experience water adjustment and basic supported swimming skills
- **Level II (Primary Skills)** – Emphasizes underwater exploration, unsupported locomotion, front and back combined stroke and jumping into the water without help.
- **Level III (Stroke Readiness)** – Teaches front crawl, diving, elementary backstroke and back crawl.
- **Level IV (Stroke Development)** – Teaches side stroke and breast stroke, stressing form, coordination and endurance
- **Level V and VI (Stroke Development, Personal Water Safety, Fitness Swimmer)** – Teaches butterfly kick, underwater swimming skills and mastery of stroke skills. This level emphasizes on distance swimming, turns and surface dives. It also promotes endurance swimming, culminating in a continuous 500-yard swim to complete class.

REGISTRATION:

Please fill out your child's level (if known) and session preference(s) on the swim lesson form and return to David Schaab by June 8th, along with payment for the first session only. If you are participating in both sessions or just in the second session, this second session fee will be due in my mailbox prior to the start of the #2 session on July 6th. Each session is to be paid for separately.

Once swim lessons are scheduled, we ask that you sign your child or children up for the specific time you would like at the swim club office. We cannot guarantee placement of your child or children in either Session 1 or Session 2 if we do not receive your registration/payment on time.

Canfield Swim and Tennis Club Swim Lessons Form 2015 Session 1

Members Name: _____ Phone: _____

Address: _____

Child's Name _____ Age: _____

Session1 _____ Level _____

Child's Name _____ Age: _____

Session1 _____ Level _____

Child's Name _____ Age: _____

Session1 _____ Level _____

Child's Name _____ Age: _____

Session1 _____ Level _____

Amount Enclosed for Session1 only _____

Please make checks payable to the "Canfield Swim and Tennis Club"

Send Completed Session 1 form and payment before June 8th to:

David Schaab

81 Chapel Lane

Canfield, OH 44406

Payments and Forms may also be left at CSTC in my "Swim Lessons" mail box.



Questions: Please call (Home)330.533.7054 (mobile)330.423.5577

Canfield Swim and Tennis Club Swim Lessons Form 2015 Session 2

Members Name: _____ Phone: _____

Address: _____

Child's Name _____ Age: _____

Session2 _____ Level _____

Child's Name _____ Age: _____

Session2 _____ Level _____

Child's Name _____ Age: _____

Session2 _____ Level _____

Child's Name _____ Age: _____

Session2 _____ Level _____

Amount Enclosed for Session2 only _____

Please make checks payable to the "Canfield Swim and Tennis Club"

Send Completed form and payment before July 6th to:

David Schaab

81 Chapel Lane

Canfield, OH 44406

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Questions: Please call (Home) 330.533.7054 (mobile)330.423.5577

