



CSTC Swim Conditioning 2020

SWIM TEAM COORDINATOR:

Kristine Mazzella

Email: swimteam@canfieldswimclub.org

Cell: (330) 717-0314

COACHES:

Mackenzie Hammond

Mason Rassega

SWIM CONDITIONING:

Due to YSL cancelling the competitive swim season this year, we will be offering Swim Conditioning as an opportunity for our swimmers to still get exposure and benefit from the experience and knowledge of our coaches and improve their skills. This is not a competitive swim team event. Times and age groups will be evaluated after the first session. The goal is to allow as many swimmers to participate as possible while still staying within the recommended guidelines offered by the State.

NEW PROCEDURES FOR COVID-19 SAFETY:

- Sessions will be limited to 12 swimmers per age group per session (this may be adjusted in the future to align with future changes to State guidelines).
- All social distancing guidelines will be followed. If swimmers are not following CSTC guidelines as dictated by the coaches and staff for the current situation, they will be removed from the pool. Repeated offenses may yield a removal from the session without refund.
- ***Due to these changes, we are only able to offer Swim Conditioning to returning CSTC Swim Team members who are current on their CSTC membership dues.***

FEE:

- \$20 per swimmer per each 2-week session

CONDITIONING TIMES:

Please note that the following times are tentative and may be changed from each session and due to the number of swimmers registered for each level. **If the times are changed from what is listed you will be contacted via email.** Please use your swimmer's age as of June 1st.

7:30 - 9:00 a.m.	High School
9:00 - 10:00 a.m.	Age 11-14
10:00 - 11:00 a.m.	Age 9-10
11:00 a.m. - 11:45 a.m	Age 8 & under

CONDITIONING DATES & REGISTRATION:

Sign-ups for the first session will open June 2nd-June 9th. **Please TEXT Kristine at 330-717-0314, include the parent name, the swimmers first and last name and age they are as of June 1st. DO NOT CALL THE SWIM CLUB TO REGISTER.** A lottery will be done to fill the 12 spots of each session. You will then be notified by June 13th, please remember the health and safety of each swimmer is our number one priority and we are hoping to add more swimmers for future sessions if possible. At this time we are only taking returning swim team members due the number we can have in the pool at one time. Money will be due when the swimmer comes to their first practice on June 15th, cash or check made out to Canfield Swim and Tennis Club.

<u>SESSION</u>	<u>SESSION DATES</u>	<u>ONLINE REGISTRATION OPENING</u>
<i>Session 1</i>	June 15 - 26	Sunday, June 6th
<i>Session 2</i>	June 29 - July 10	Sunday, June 21st
<i>Session 3</i>	July 13 - 24	Sunday, July 5th
<i>Session 4</i>	July 27 - Aug. 7	Saturday, July 19th

PRIVATE SWIM LESSONS:

Private swim lessons may be scheduled individually with any of the CSTC swim coaches or lifeguards who are Water Safety Instructor (WSI) certified. Please speak to a staff member in the CSTC Office for more information.

2020 CSTC Swim Conditioning Registration Form

This will need to be completed for each session on the Registration window dates listed above.

Member Name: _____ Member #: _____

Address: _____

Email address: _____

Phone (of person primarily bringing swimmer(s) to lessons): _____

Swimmer's Name: _____ Age: _____

Swimmer's Name: _____ Age: _____

Swimmer's Name: _____ Age: _____

Swimmer's Name: _____ Age: _____

Amount Enclosed for Session 1 ONLY (\$20/child): _____

Checks may be payable to the "Canfield Swim and Tennis Club".

We are doing our best to keep our website, Facebook page and grounds up to date with photos, and in order to do so, we ask for your permission to take photos during lessons. Please check your preference below, and provide a signature to ensure that CSTC knows your wishes.

_____ I give the CSTC permission to use photos of my child/children which may appear around the CSTC grounds, the CSTC website, and/or the CSTC Facebook page.

_____ I DO NOT give the CSTC permission to take photos of my child/children during lessons.

Signature: _____ Date: _____

Questions? Call the CSTC at (330) 533-6907 or Stephanie Ruark at (330)360-0254, or email: swimlessons@canfieldswimclub.org

OFFICE USE ONLY:

Date Paid: _____ Amount Paid: _____ Cash/Check: _____ Photo (Y/N): _____

SWIMMER INFORMATION

Full Name (first and last)	Date of Birth	Age on June 1	Sex M/F	Please list any allergies or medical conditions:	Does he/she take any medications? (Yes/No)	List of Medications child is taking:

EMERGENCY MEDICAL CONTACT INFORMATION

Physician Name _____ Phone _____

Dentist Name _____ Phone _____

Alternate Contact Information: In case of an *emergency* and a parent/legal guardian cannot be reached

Name _____ Phone _____ Relationship _____

MEDICAL CONSENT AUTHORIZATION: I hereby grant permission to Canfield Swim and Tennis Club to obtain medical and/or dental attention or treatment for the above listed swimmer(s) in the even of an emergency until I can be contacted. I release Canfield Swim and Tennis Club, Youngstown Swim League and each of their respected officers, agents, employees, members and any other persons in any way connected with this club from any and all liabilities, claims, demands, actions, or causes of action of whatever character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless the host club, YSL, and the officers, trustees, agents, employees and members of the forgoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury and damage to property sustained or alleged to have sustained in connection with or to arise out of said event.

YES TO CONSENT

NO TO CONSENT

Name _____ Signature _____ Date: _____